



Moving Forward Transcript

Well you guys have been through quite a process in the last 10 weeks, And Jack and I could not be more proud of you. No, it wasn't easy, and we're truly honored to be your guides in this groundbreaking process that hopefully contributes to your long term health for years and years to come.

So true, so true you know, but the time comes to bid a fond adieu and wish you all the best. Just know that you're moving forward. You have a whole new starting point. More success comes, if only we could tune in again in about three to four months and see how things are settling out with all the tools you've learned, all the food, all the things that you've let drop away, and all the resolutions toward protecting your health as your true wealth and the true basis of your life experience. I just want to wish everyone the best and happy trails for being all you can be in this life. Thank you, it's been a pleasure to be of service.

You guys keep your whole journey going, and know we're thinking about you, and we're pulling for you, and stay in our Gut Thrive community. Good luck.